

y's Way Pizza

Makes 12 servings Ingredients: 1/2 jar (or 7 ounces)

pizza sauce 1 pre-made 12 inch thin crust pizza

1/2 cup chopped green pepper

1/2 cup sliced fresh mushrooms

1/4 cup chopped or sliced onions

15 slices of turkey pepperoni (other toppings may be used but would change the nutritional facts)

1 cup shredded part-skim mozzarella cheese

Nutrition Facts: Each slice provides 90 Calories, 35 Calories from Fat, 4g total Fat, 2g Saturated Fat, 0g Trans Fats, 15mg Cholesterol, 250mg Sodium, 7g Carbohydrate, 1g Dietary Fiber, 1g Sugar, 6g Protein, 15% Calcium, 4 % Iron

Directions:

1. Preheat oven to 450 degrees.

2. Spread sauce evenly over unbaked pizza crust.

3. Layer, green pepper, mushrooms onions, and turkey pepperoni evenly over sauce.

4. Cover with shredded cheese.

5. Bake 8 to 10 minutes or until cheese is melted and crust lightly browned.

6. Refrigerate leftovers

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