

SCHEDULE

FCS Extension Professional Development Academy

Family and Consumer Sciences Extension links education with life experiences to help people improve their lives, their families, and their communities.

K-State Research and Extension Family and Consumer Sciences (FCS) professionals focus on developing and strengthening:

- *Healthy Relationships*
- *Healthy Living Choices*
- *Financial Well Being*
- *Strong Leaders*
- *Strong Communities*



Enjoy the beauty of the K-State campus in spring. *Join us April 30-May 2, 2024 for this first-ever event for FCS Extension in Kansas!*

Where: Sessions will be held at the K-State Alumni Center, the K-State Student Union, and Justin Hall.

When: April 30 – 11 a.m. to 5 p.m.
May 1 – 8:30 a.m. to 6 p.m.
May 2 – 8:30 a.m. to 1 p.m.

Note: Registration is required for all attendees. The number of spots in concurrent sessions is limited. Please only register for sessions that you will attend. To minimize food waste, we ask that you only register for meals that you plan to attend.

April 30, 2024

11:00 a.m. to 1:00 p.m.

LUNCH and Networking (K-State Alumni Center)

1:00 p.m. to 2:30 p.m.

OPENING GENERAL SESSION (K-State Alumni Center)

“What I’ve Learned and a Challenge for You”

Londa Nwadike, Ph.D., Extension Associate Professor of Food Safety for Kansas State University and the University of Missouri

Farewell Reception for Professor Nwadike to follow

3:00 p.m. to 5 p.m.

CONTENT AREA ESSENTIALS – Block 1 (K- State Student Union)

[choose one]

Early Childhood, Bradford Wiles, Ph.D., Associate Professor and Extension Specialist, Early Childhood Development

Family Resource Management, Elizabeth Kiss, Ph.D., Professor and Extension Specialist, Family Resource Management

Health, Elaine Johannes, Ph.D., Kansas Health Foundation Distinguished Professor in Community Health

May 1, 2024

8:30 a.m. to 9 a.m.

COFFEE and Networking (K-State Student Union)

9 a.m. to noon

DEEP-DIVES – Block 1 (K-State Student Union)
[choose one]

Building Relationships: How You Can Become the Architect, Michelle Toews, Ph.D., Professor of Human Development and Family Science; Amber Venum, Ph.D., Associate Professor of Couple and Family Therapy; and Kristin Anders, Ph.D., Assistant Professor of Human Development and Family Science

Theoretical and Practical Aspects of Conflict Resolution, Brett Mallon, Ph.D., Teaching Assistant Professor and Program Chair of the K-State Conflict Resolution Program

Special Needs Financial Planning, Blake Gray, Ph.D., CFP®, Assistant Professor of Personal Financial Planning

Noon to 1:30 p.m.

LUNCH and GENERAL SESSION (K-State Student Union)

"From Research to Practice: Achieving Behavior Change"
Peter Stoepker, Ph.D., Assistant Professor of Kinesiology

1:45 p.m. to 4:45 p.m.

DEEP DIVES – Block 2 (K-State Student Union)
[choose one]

Integrating Insights from Theories and Models to Promote Health, Elaine Johannes, Ph.D. Kansas Health Foundation Distinguished Professor in Community Health and Elizabeth Kiss, Ph.D., Professor and Extension Specialist

Nutrition for Chronic Diseases (Diabetes and Hypertension), Priscilla Brenes, MPH, Ph.D., Extension Assistant Professor and Extension Specialist, Food, Nutrition, Dietetics, and Health and Christina Holmes, M.S., RD, LD, Extension Specialist Family and Consumer Sciences

Policies that Influence Well-Being Across the Lifespan, Erin Martinez, Ph.D., Associate Professor and Extension Specialist, Adult Development and Aging

5:00 p.m. to 6 p.m.

CONNECTING WITH THE COLLEGE OF HEALTH AND HUMAN SCIENCES (Justin Hall)

Brad Behnke, Ph.D., Betty L. Tointon Interim Dean and Professor, College of Health and Human Sciences and Other Invited Guests

May 2, 2024

8:30 a.m. to 9 a.m.

COFFEE and Networking (K-State Student Union)

9 a.m. to 11 a.m.

CONTENT AREA ESSENTIALS – Block 2 (K- State Student Union)

[choose one]

Adult Development and Aging, Erin Martinez, Ph.D., Associate Professor and Extension Specialist, Adult Development and Aging

FCS as an Integrative Science, Kari Morgan, Ph.D., Teaching Associate Professor and Program Chair of Integrative Human Sciences

Nutrition, Priscilla Brenes, MPH, Ph.D., Extension Assistant Professor and Extension Specialist, Food, Nutrition, Dietetics, and Health

11:30 a.m. to 1:00 p.m.

LUNCH, GENERAL SESSION, and ADMINISTRATIVE UPDATE (K-State Alumni Center)

“One K-State and FCS Extension”

Gregg Hadley, Ph.D., Assistant Vice President, Director for Extension; Tim Steffensmeier, Ph.D., Assistant Vice President, Director for Engagement and Outreach; Jane Schuh, Ph.D., Associate Dean, Director for Research and Graduate Studies, College of Agriculture; Interim Associate Dean for Research, College of Health and Human Sciences (invited); and Rick Peterson, Ph.D., Associate Director for Extension Programs