

# **Explore Your Spark!**

# Leadership Project



Leaders influence and support others in a positive way while working for a shared goal. Leaders aren't just elected. You can be a leader of committees, small groups, and teams. Learning about yourself and how you work with others is a key part of developing leadership skills. In the Leadership Project, you can practice leadership skills including teamwork, communication, encouragement, organization, goal setting, decision making, and solving problems. Understand roles, attitudes, tasks, and functions necessary for effective leadership. Get involved! Be an active participant in your 4-H club and involve your friends, too!

## Starting Out Beginner

- Lead the 4-H pledge and the Pledge of Allegiance at a club meeting.
- Prepare and give a project talk at your local 4-H club meeting.
- Learn about each club officer position.

#### Learning More Intermediate

- Teach club or project members how to properly give a demonstration.
- Participate on a 4-H
  Council committee.
- Help officers in your club or extension unit understand and perform correct parliamentary procedure.

## Expanding Horizons Advanced

- Serve as a Junior or Teen leader in a project, or as a 4-H Ambassador.
- Learn about different leadership styles.
- Work with a team to organize and carry out a day camp.
- Run for office in your club or 4-H Council.

# **Inspire Kids to Do**

## Explore

#### "I might like to do this."

Youth who explore a variety of interests before high school, through experiences like 4-H camps and educational events, can develop early interest in a career path and improve their academic performance.

## Learn

#### "I can do this."

4-H project-based learning, guided by adult volunteers, improves youth understanding of skills and concepts, as well as their ability to problemsolve and collaborate.

## Practice

### "I'm interested in this."

Youth who have participated in sustained hands-on learning and engaged with professional mentors and volunteers before entering high school are more likely to explore studies and potential career paths.

## Experience

#### "I will be this."

Real-world application is key — 91% of Kansas 4-H members have a plan for reaching their goals. Youth that have been active participants in hands-on learning, combined with strong decision-making skills, are more able to effectively navigate life.

## **Leadership Project**

# **Expand Your Experiences!**

## **Healthy Living**

- Become a Healthy Living Officer for your 4-H club.
- Plan and implement a 4-H "Clover Run" in your local unit.
- Encourage serving healthy snacks at 4-H meetings and activities.
- Encourage club members to bring reusable water bottles to club meetings.

#### Science and Agriculture

- Lead the 4-H STEM Challenge in your community.
- Organize and carry out a Citizen Science project on a topic of interest to you.
- Organize a Science of Agriculture Team.
- Join a state-wide 4-H action team.

#### **Community Vitality**

**Research and Extension** 

- Plan and carry out a service-learning project in your community.
- Learn about your local government and present information to your 4-H club.
- Become a club officer or committee member.
- Plan and carry out a flag ceremony at 4-H camp.

#### Communication and the Arts

- Plan and carry out a workshop at a state 4-H event.
- Mentor a younger youth in 4-H in a skill area you have learned.
- Practice positive communication and listening skills.
- Apply for a statewide 4-H leadership position.

Resources and Events	Curriculum and Resources	4-H Record Keeping	Project Exhibit Ideas
Participating in educational events and learning oppor- tunities will expand your knowledge and skills in the project area. Contact your local K-State Research and Extension office for local opportunities. • 4-H Campference • Kansas Youth Leadership Forum (KYLF) • Discovery Days • Kansas 4-H Action Teams Check out project-specific leadership opportunities at the county and state levels.	<ul> <li>Leadership Mentor Guide 1 (ages 7-10)</li> <li>Leadership Mentor Guide 2 (ages 11+)</li> <li>So You Are The President Of Your Club</li> <li>So You Are The Vice President Of Your Club</li> <li>So You Are The Secretary Of Your Club</li> <li>So You Are The Treasurer Of Your Club</li> <li>So You Are The Treasurer Of Your Club</li> <li>Kansas 4-H Officer Resources</li> </ul>	Learning to keep accurate records is a life skill. The fol- lowing forms can help you: • Setting 4-H Project Goals (4H1100) • Kansas 4-H Record Keep- ing • Kansas Award Application	<ul> <li>Create a poster that teaches something.</li> <li>Give a presentation on the elements of an effective meeting.</li> <li>Visually represent on a display the timeline and your process of leading a community service project.</li> <li>Create a series of work- shops teaching other 4-H'ers a project skill. Find ways to share it with others.</li> <li>Organize a 48 Hours of 4H project for your club.</li> </ul>
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## **Career Development**

- Job shadow or interview a local leader.
- Submit your Kansas Award Portfolio to apply for National 4-H Congress.
- Apply for National 4-H Conference, run for State 4-H Youth Council, serve as a Camp Counselor.
- Interested in a college education in the area of leadership? Schedule a visit with Kansas State University to explore those majors. www.k-state. edu

## Local Contact Information